GOVERNMENT COLLEGE OF ARTS AND SCIENCE AURANGABAD

HEALTH CHECK UP CAMP

A REPORT

Action Plan: The plan to conduct a health check up camp in the college was decided in the meeting of NSS committee on 16th February 2021, the plan was based on the previous communication between Unicare health centre and the Principal of the College.

Nature of Activity: The NSS Committee of Government College of Arts and Science Aurangabad, organized a health check up camp in the college, in collaboration with Unicare Health Centre, Mumbai(Jeevan Urja Foundation) on 18th February 2021. The Health check up was for the benefit of the teaching and non-teaching staff. The check up was free of cost, only a few tests were charged that too at subsidized rate.

.Mr. Rajesh Adhav, the organisor of the camp, Dr. Dheeraj Totawat and his team from Unicare Health Centre Mumbai reached the college at 10.30 am. The Camp began with the inauguration program, wherein the Principal of the College Dr, R. H. Satpute offered floral welcome to Dr. Dheeraj Totawat, The NSS Coordinator, Dr. Surendra Thakur welcomed the Principal, Dr. Satpute and registrar of the college, Mr. Pralhad Adhagale by offering flowers .Program officer Dr. Ravindra Patil and Dr. Suchita Bharambe welcomed Mr Rajesh Adhav and other members of the Unicare team. The NSS Committee members and student volunteers were present throughout the day for the assistance of the health committee. In all a total of 59 staff members benefitted from the Check up. Out of the total 59 staff members 23 were females and 36were male staff members.

The following tests were conducted:

- 1. Oxygen Saturation by Pulse Oximeter.
- 2. Temperature Screening.
- 3. Diabetes check up.
- 4. Blood Pressure.
- 5. Doctor Consultation.

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Dr. R. H. Satpute

Principal (I/C)

Government College of Arts and Science, Aurangabad

- 6.Personalized diet advice.
- 7. Yoga Guidance.
- 8. Nadi Parikshan.
- 9. Computerized full body scanning and Blood Test. (subsidized rates)

All the check ups from number 1 to 8 were free only number 9 was paid check up. The NSS Coordinator, Dr. Surendra Thakur expressed gratitude in the conclusion of the camp. The Principal, Dr.R.H. Satpute, former Joint Directors, Dr. More, Dr. Lahane and other faculty members were present.

Number of Beneficiaries:

Male: 36

Female: 23

Total: 59

Feedback: No Feedback was taken.

(Sovi Cogo)

PRINCIPAL

Govt. College Suits & Science

Government of Maharashtra



Government College of Arts & Science, Aurangabad (M.S) (Established in 1923)

(Kile Ark, Near Subhedari Guest House, Aurangabad)

Email ID: gasca1923@gmail.com

Phone/Fax: 0240-2331476

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Extension Activity Health Checkup Camp 2020 - 21











Dr. R. H. Satpute
Principal
Government College of Arts and Science,
Aurangabad

महाराष्ट्र शासन शासकीय ज्ञान विज्ञान महाविद्यालय, औरंगाबाद

(नॅक "अ" दर्जा)

ई-मेल आयडी: gasca१९२३@gmail.com

फोन / फॅक्स नं. ०२४० - २३३१४७६

वेब साईट : www.gasca.ac.in

दिनांक :- १५/०२/२०२१

मोफत संपुर्ण आरोग्य तपासणी शिबीर

महाविद्यालयातील सर्व शिक्षक (C.H.B.) सह व शिक्षकेत्तर कर्मचारी यांना कळिवण्यात येते की, आपल्या महाविद्यालयात दि. १८ फेब्रुवारी,२०२१ रोजी गुरुवारी हार्मनी हॉल मध्ये सकाळी १०.३० ते ३.०० वाजेपर्यंत मोफत संपुर्ण आरोग्य तपासणी शिबीर आयोजित होत आहे.

संबंधित संपुर्ण आरोग्य तपासणी शिबीर हे तज्ज्ञ डॉक्टर मंडळी व अद्यावत तंत्र प्रणालीद्वारे युनिकेअर हेल्थ सेंटर,औरंगाबाद यांच्या सहकार्याने आयोजित करीत आहोत. हया शिबीरात खालील बाबींची तपासणी होणार आहे.

- १) रक्तदाब तपासणी
- २) शुगर तपासणी
- ३) नाडी परीक्षण
- ४) वैयक्तिक डाईट (Diet) सल्ला
- ५) तापमान स्किनिगं
- ६) डॉक्टर कन्सलटेशन
- ७) ऑक्शीजन सॅटयुरेशन बाय प्लस ऑक्सीमीटर
- ८) योगा मार्गदर्शन यांची मोफत तपासणी होणार आहे.
- ९) व सवलतीच्या दरातं कम्प्युटराईज्ड संपुर्ण शरीर स्क्रिनिगं व रक्त तपासणी

सर्वांनी संधीचा लाभ घेवून सहकार्य करावे.

डॉ.आर.एच.सातृपुते

प्र.प्राचार्य

शासकीय ज्ञान विज्ञान महाविद्यालय औरंगाबाद.



UNICARE HEALTH CENTER

The Principle Arks & Science College. Aurangabad

TOTAL HEALTH CHECK UP & HEALING CAMP [Ayurvedic + Modern]

Respected Sir/Madam.

We are glad to inform you that Unicare Health Center is organizing Total Health Checkup Camp since last 5 years at various places like Government Department, NGO's, Banks, Corporate Sectors, Industries & Political Parties for creating awareness about our precious health.

In today's lifestyle due to stress & bad food habit many people are suffering from silent killer diseases like Diabetes, B.P, Heart diseases, Joint Problem, Digestion Problems & Kidney problems at any age if we come to know about this problem at early stage we can heal/ treat them easily with right food habit and minimum medicines, but in case we come to know later then it becomes difficult to treat them at any condition.

So Team of Ayurvedic expert doctors from Unicare, will help to diagnose and heal / treat people by giving right diet habit & Ayurvedic treatment.

We would like to conduct said camp at your location/premises on suitable/ date along with the following tests by expert doctors & team.

- 1) Oxygen Saturation by Pulse Oximeter.
- 2) Temperature Screening.
- 3) Diabetes Checkup
- 4) Blood Pressure
- 5) Doctor Consultation
- 6) Personalized Diet Advice
- 7) Yoga Guidance
- 8) Nadi Parikshan
- 9) Computerized full body scanning + Blood Test

- - free - - - free - - - free - - free - - - free - - - free - - - free ---- free Discounted & Optional

(CBC, ESR, LFT - Liver Function Test, RFT-Renal Function Test, Lipid Profile, Iron deficiency Profile Thyroid Profile, Diabetic Screen, Vitamin D3, Vitamin B12)

We are sure you that our camp will help people to increase awareness about health which results into high productivity & well being. So kindly permit us to do the "Total Health check up camp" for welfare of the people by providing us Suitable place.

- Note: 1. Follow Physical Distance Strictly
 - 2. No Entry without Mask
 - 3. Patient with Symptoms Fever / Cold / Coughing advised to visit nearest Municipal Clinic or Hospital.
 - 4. We will be providing one year free consulting pass with the heavy discount on Blood test.

Any Covid-19 related test will not be done here.

Feel Free to contact us for more details

Thanks & Regards

Name of Comp. 211240 27 2101 - 195101 Date: 18 02 2021 Organizer

No.	Name	Age	Wt.	M/F	Contact	Health Problem
)	Rajendra H. Sat Pare	57	100	171	9422291414	
2	Vithal R. More	53		1.1	9420780583	
3	Baliram P. Lahane	57	∢	M	94 23 45 11 51	
2,		52	V7	LV	9028861122	
5	Pornima Ambhore	34		FIM	98 34 99 95 37	
6	Sanjivani Ruthod	34	1	F	8408940616	a sala resist les
17	Sarita Maske	3.8		1=	94 04 27 8157	<u> </u>
8	Wani lalita	38	1 1 111	F	9422478568	
9	Shubhangi P. Bidarkan	50	1 : 6-1	FA	98819086401	
10	Maya Wanjare	57		(F.	9372006273	
11	Manisha Jadhar	34	1 9	Ŀ	86 98 17 00 09	
12	Vijay Kumar Andhale	45	T-	r1	9403026030	- in
13	Kamble Ras Sahebharibe	4 45	1. 9	٠ ٢٨.	9850867082	
19	Vilas Rajput	35	i (m)	. 11	8796928317	
5	Vikas Gambhire	44		11	94 23 44 82 99	en-dynit !
6	Sheikh Ruees Mushtague	50		11	94 20 26 44 83	
7	Remprosad Kale	40	1 7	10	98 23 23 80 63	-F8
18	Rupesh Modkar	35	Lon	17	8087926652	38
19	Ravindra Patil	35		M	99 23 34 22 11	
20	Dr. Arehany Chapolika	2 47		F	9657538276	

Organizer____

No.		Age	Wt.	M/F	Contact	Health Problem
41	Shradha Kulkarni	32		1-	9890295924	
42	- Shabha Parkhe	56		F	9673 35 50 91	
43	Garmane R.S	47		M	98600 67096	
44	Bansode G. R.	33		M	9421878344	
45)	Kalkarni V. I	49		M	878813 8159	
48	Deefali kulkarni	48		F	9421435741	
47	Ramesh gavande	55		m	255/034043	
48	Dr. y. S. Toperre	43		F	98 50 68 37 39	
49	Dr. V. L. Deshmuth	45		F	9422190851	
50	surekha saraf	54		F	9767932871	
51	Sheikh Ighay Ali	51		M	9730532724	
52	Yogesh Malche	40		179	9960284439	
<u>\$3</u>	Ajar Patel	31		M.	914511121	
58	Y. B. Jachar	573		M	9764843132	,
528	'Uttam L. Shelul	55	4	M	99218495208	
SZ	About Raid	59		M	8888032116	
54	Shikh Naim	54		M	9021317171	
	Dr. Sulochene Rathoel	40.		£	9881959881	
59	Maharnor Dilipsambhaji	56		M	86 05 57 0421	

GOVERNMENT OF MAHARASTRA

GOVERNMENT COLLEGE OF ARTS & SCIENCE, AURANGABAD

(NAAC 'A' Grade)

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Email Id: gasca1923@gmail.com

GASCA/2020-21/1736

Date: 18/2/2021

To,

Unicare Health Center

Jeevan Urja Foundation

Ghatkoper, Mumbai-400086

Subject: - Free Ayurvedic Medical Checkup Camp.

Lec'n

Respected Sir,

This would like to express our sincere thanks to you team for lively, Demonstration and useful information on health consciousness to our staff on 18th Feb 2021.

Your firm Endeavour to promote ancient herbal therapy as well as use of ayurvedic medicines to cure various diseases by using daily needs like vegetables and gains is very helpful, I convey my thanks to your team for rendering valuable advice to our staff on their health problems. I am sure if people start practicing what they have learnt it will make a great impact their lives.

I convey my best wishes for your campaign for promoting ancient medicine system Thanking you.

> (Dr. R.H.Satpute) **Principal**

ovt. College of Arts and Science,

Aurangabad.